

MODULE I – UNDERSTANDING COVID-19 (NOVEL CORONA VIRUS)

1. Genetic Material in Corona Virus is present in which part of its structure
 - A. Core
 - B. Spikes
 - C. Crown
 - D. Envelop

Answer: A

2. Example of respiratory viruses are
 - A. SARS-COV
 - B. MERS-COV
 - C. Noval Coronavirus
 - D. All of the above

Answer: D

3. Transmission of virus from Animals to Humans is called
 - A. Jumping effect
 - B. Migration
 - C. Spillover effect
 - D. Circulation

Answer: C

4. The factors that lead to spillover effect are
 - A. Mutation
 - B. Increase contact between humans and animals
 - C. Only B
 - D. Both A & B

Answer: D

5. The key to stop the chain reaction of infection is
 - A. Its stops on its own
 - B. Breaking a link of the chain
 - C. Contacting infected person
 - D. None of the above

Answer: B

6. People most at risk of getting infected by coronavirus are
 - A. Health care workers

- B. People associated with animal markets
- C. Family members of infected person
- D. All of the above

Answer: D

7. Most common symptoms of COVID-19 are
- A. Fever
 - B. Tiredness
 - C. Dry cough
 - D. All of the above

Answer: D

8. How testing of coronavirus is done
- A. Through PCR
 - B. Through CBC
 - C. Through UA
 - D. Through RTD

Answer: A

MODULE II - PROTECTION AGAINST NOVEL CORONA VIRUS

1. What are the best ways to protect you from Corona infection?

- A. Handwash
- B. Social Distancing
- C. Use of Mask
- D. All of the above

Answer: D

2. If you are ill with cough and fever, what should you not do?

- A. Attend office
- B. Stay at home
- C. Go for shopping
- D. A & C

Answer: D

3. To maintain respiratory hygiene everyone should cover his/her mouth and nose with your bent elbow or tissue when you cough or sneeze.

- A. TRUE
- B. FALSE

Answer: A

4. For protection against Corona Virus, a person should wash hands for atleast

- A. 5 seconds
- B. 20 seconds
- C. 15 seconds
- D. 10 seconds

Answer: B

5. Coronavirus could spread from your infected hand to eyes & nose and enter to your body and make it sick.

- A. TRUE
- B. FALSE

Answer: A

MODULE III- COVID-19 SELF ASSESSMENT

1. What is one of the Severe Symptoms of COVID-19
 - A. Runny Nose
 - B. Dry Cough
 - C. Pneumonia
 - D. Body Aches

Answer: C

2. What is the period of Self Quarantine
 - A. 14 Days
 - B. 12 days
 - C. 15 Days
 - D. 10 Days

Answer: A

3. What should you first do after returning from a Foreign Nation post 5th March, 2020
 - A. Go to Office
 - B. Remain at Home
 - C. Check with your local Health care
 - D. Self Quarantine for 14 Days

Answer: D

4. What is the risk level of a person who have recently travelled to a domestic location with known community spread
 - A. High
 - B. No Risk
 - C. Medium
 - D. Low

Answer: C

5. What is an example of a Close Contact
 - A. Sharing a closed space with a confirm case for more than 2 hours
 - B. Spending More than 15 min with a confirmed case
 - C. Shaking Hands With a confirmed case
 - D. All of the Above

Answer: D

6. What should you do after encountering a Casual Contact
 - A. Go to Office

- B. Monitor yourself for next 14 days
- C. Check with your local Health care
- D. Self Quarantine for 14 Days

Answer: B

7. What should you do if you fall ill after having a contact with a confirmed case
- A. Monitor yourself for next 14 days
 - B. Self Quarantine for 14 Days
 - C. Call the COVID-19 Emergency Hotline Number
 - D. Go to a nearby Hospital

Answer: C

8. What are the possible ways of COVID-19 Transmission
- A. Coughing
 - B. Sneezing
 - C. Hand Shakes
 - D. All the Above

Answer: D

MODULE IV – QUARANTINE AND ISOLATION

1. Which is the wrong statement about Quarantine People
 - A. Quarantine People are confirmed Cases
 - B. Quarantine People May or May not be Sick
 - C. You are restricted to Movement
 - D. None of the Above

Answer: A

2. People who are not yet exposed to virus should follow
 - A. Self isolation
 - B. Self Quarantine
 - C. Social Distancing
 - D. None of the Above

Answer: C

3. Which is the correct statement about Social Distancing
 - A. Gather in Groups
 - B. Stay at least 6m away from other people
 - C. Go to Mass gatherings
 - D. None of the Above

Answer: B

4. What is the process of Separating Sick People with Contagious Disease from people who are not Sick
 - A. Self isolation
 - B. Self Quarantine
 - C. Social Distancing
 - D. None of the Above

Answer: A

5. A State Level isolation ward have minimum of how many beds
 - A. 10
 - B. 50
 - C. 40
 - D. 20

Answer: B

6. Which should be followed by Health Care workers in an isolation ward
 - A. Visitors should be allowed into isolation ward without any consultation
 - B. Positive Patients should be monitored weekly
 - C. Use of PPE Kits
 - D. Sharing of Medical Equipments from Patient to Patient

Answer: C

7. What should not be condition of the the isolated ward
 - A. Properly Ventilated
 - B. Closed without air Ventilation
 - C. Air Conditioned

D. Use of 3-5 exhaust fan

Answer: B

8. How much minimum space is required to create a 10 bed isolation ward

- A. 1000 sq ft
- B. 3000 sq ft
- C. 2500 sq ft
- D. 2000 sq ft

Answer: D

9. Which element should be used by health care workers while washing hands

- A. Soap
- B. Hand Sanitizer
- C. Alcohol Based Hand Rub
- D. All the Above

Answer: D

10. A District Level isolation ward have minimum of how many beds

- A. 10
- B. 50
- C. 40
- D. 20

Answer: A

Module V: Masks & Sanitizers for Covid-19

1. A face mask can be a primary shield against Covid-19 infection if worn properly.
 - A. TRUE
 - B. FALSE

Answer: A

2. When should you wear a mask?
 - A. While Going Out
 - B. If you are coughing or sneezing
 - C. While interacting with suspected individuals
 - D. All of the Above

Answer: D

3. One is free to frequently touch face mask while wearing it.
 - A. TRUE
 - B. FALSE

Answer: B

4. What is the minimum recommended percentage of alcohol in hand sanitizers?
 - A. 40
 - B. 50
 - C. 60
 - D. 70

Answer: C

5. You should always make your hand sanitizer at home
 - A. TRUE
 - B. FALSE

Answer: B

MODULE VI – IMPORTANT CONTACTS

1. Aarogya Setu App belongs to
 - A. Reliance
 - B. Tata
 - C. Govt. of India
 - D. None of these

Answer: C

2. If a person feels symptoms of Coronavirus he should first make a call to Govt. helpline numbers
 - A. TRUE
 - B. FALSE

Answer: A

3. The Aarogya Setu app will use the location of the Smartphone and Bluetooth to determine whether you had come in contact with a positive person.
 - A. TRUE
 - B. FALSE

Answer: A

4. Aarogya Setu is not a coronavirus tracking app
 - A. TRUE
 - B. FALSE

Answer: B